

# Dressmaking NC II

## Course Description

This course is designed to enhance the knowledge, skills and attitudes in drafting and cutting pattern; preparing and cutting materials; sewing casual apparel; and applying finishing touches for casual apparels. It includes basic competencies in communication, teamwork, career professionalism, and occupational health and safety. It covers the basic, common or core competencies in Dressmaking NCII.

### Nominal Duration

- Basic Competencies 68 hrs.
- Common Competencies embedded in Core Competencies
- Core Competencies 460 hrs.
- Institutional Assessment 8 hrs.
- In-House Training 80 hrs.

**TOTAL 616 hrs**

A person who has achieved this qualification is competent to be:

***Dressmaker***

### TRAINEE ENTRY REQUIREMENTS:

- At least 15 years of age
- Physically and mentally fit
- Can communicate in English. Both Oral and Written
- Must undergo Career Profiling and Trainability Evaluation

TWC Training is guided by the ten (10) basic principles of Competency-Based Training (CBT) delivery.

1. The training is based on curriculum developed from the competency standards;
2. Learning is modular in its structure;
3. Training delivery is individualized and self-paced;
4. Training is based on work that must be performed;
5. Training materials are directly related to the competency standards and the curriculum modules;
6. Assessment is based in the collection of evidence of the performance of work to the industry required standard;
7. Training is based on both on and off-the-job components;
8. Allows for recognition of prior learning (RPL) or current competencies;
9. Training allows for multiple entry and exit; and
10. Approved training programs are Nationally Accredited

## Course Structure

### BASIC COMPETENCIES

Unit of Competency	Module Title	Learning Outcomes	Nominal Duration
• Work in a team environment	• Observing gender sensitivity in the workplace	<ul style="list-style-type: none"> <li>• Discuss the differences between sex and gender</li> <li>• Discuss gender identity &amp; sexual orientation</li> <li>• Analyse the different manifestations of gender inequality in TVET and in society</li> <li>• Discuss gender &amp; rights based approach to sexual &amp; reproductive health including HIV-AIDS awareness and prevention</li> </ul>	16 hrs
	• Working in a team environment	<ul style="list-style-type: none"> <li>• Describe team role and scope</li> <li>• Identify individual role &amp; responsibilities within a team</li> <li>• Develop effective workplace relationship including personal values &amp; beliefs related to gender</li> <li>• Work as a team member</li> <li>• Contribute to work group activities</li> </ul>	6 hrs
• Participate in workplace communications	• Participating in workplace communications	<ul style="list-style-type: none"> <li>• Follow routing spoken messages</li> <li>• Perform workplace duties following written notices</li> <li>• Obtain and convey workplace information</li> <li>• Complete relevant work-related documents</li> <li>• Participate in workplace meeting and discussion applying gender-fair language</li> </ul>	10 hrs
• Practice career professionalism	• Demonstrating work and entrepreneurial values and gender sensitivity	<ul style="list-style-type: none"> <li>• Describe the purpose of work and enterprise</li> <li>• Identify and deal with ethical problems</li> <li>• Apply work and entrepreneurial values and gender sensitivity</li> <li>• Maintain integrity of conduct in the workplace</li> </ul>	10 hrs
	• Practicing career professionalism	<ul style="list-style-type: none"> <li>• Integrate gender perspectives with personal and organizational goals</li> <li>• Set and meet work priorities</li> <li>• Maintain professional growth and development</li> </ul>	6 hrs

## Course Structure

### BASIC COMPETENCIES

Unit of Competency	Module Title	Learning Outcomes	Nominal Duration
• Practice occupational health and safety procedures	• Practicing basic house-keeping procedures	<ul style="list-style-type: none"> <li>• Sort and remove unnecessary items</li> <li>• Arrange items</li> <li>• Maintain work areas, tools and equipment</li> <li>• Follow standardized work process and procedures</li> <li>• Perform work spontaneously</li> </ul>	8 hrs
	• Practicing occupational health and safety procedures	<ul style="list-style-type: none"> <li>• Identify hazards and risks</li> <li>• Evaluate hazards and risks</li> <li>• Control hazards and risks</li> <li>• Maintain occupational health and safety awareness including women's issues/ concerns relative to OSH</li> </ul>	12 hrs

## Course Structure

### COMMON COMPETENCIES

Unit of Competency	Module Title	Learning Outcomes	Nominal Duration
• Carry out measurements and calculations	• Carrying-out measurements and calculations	<ul style="list-style-type: none"> <li>• Obtain measurements</li> <li>• Perform simple calculations</li> <li>• Estimate appropriate quantities</li> </ul>	Embedded in the Core Competencies
• Set up and operate machines	• Setting-up and operating machines	<ul style="list-style-type: none"> <li>• Set machine</li> <li>• Conduct sample run</li> <li>• Test machine output</li> <li>• Re-adjust machine setting to meet requirements</li> <li>• Maintain records</li> </ul>	
• Perform basic maintenance	• Performing basic maintenance	<ul style="list-style-type: none"> <li>• Operate machine and assess its performance</li> <li>• Clean and lubricate machine</li> <li>• Check machine operation.</li> </ul>	
• Apply quality standards	• Applying quality standards	<ul style="list-style-type: none"> <li>• Assess own work</li> <li>• Assess quality of component parts</li> <li>• Measure parts</li> <li>• Record information</li> <li>• Study causes of quality deviations</li> </ul>	

## Course Structure

### CORE COMPETENCIES

Unit of Competency	Module Title	Learning Outcomes	Nominal Duration
• Draft and cut pattern for casual apparel	• Drafting and cutting pattern for casual apparel	<ul style="list-style-type: none"> <li>• Plan garment design</li> <li>• Take clients body measurement</li> <li>• Draft basic/block pattern</li> <li>• Manipulate pattern</li> <li>• Cut final pattern</li> </ul>	160 hrs
• Prepare and cut materials for casual apparel	• Preparing and cutting materials for casual apparel	<ul style="list-style-type: none"> <li>• Prepare materials (fabric)</li> <li>• Lay-out and mark pattern on materials</li> <li>• Cut materials</li> </ul>	48 hrs
• Sew casual apparel	• Sewing casual apparel	<ul style="list-style-type: none"> <li>• Prepare cut parts</li> <li>• Prepare sewing machine for operation</li> <li>• Sew and assemble garment parts</li> <li>• Alter completed garments</li> </ul>	212 hrs
• Apply finishing touches on casual apparel	• Applying finishing touches on casual apparel	<ul style="list-style-type: none"> <li>• Apply finishing touches</li> <li>• Trim excess threads</li> <li>• Press finished garment</li> <li>• Package the finished garment</li> </ul>	40 hrs



## TESDA Women's Center

### VISION

*“TESDA Women's Center is the lead TVET Institution of excellence in empowering Filipino women.”*

### MISSION

*“As the lead TVET Institution of excellence in women empowerment, TESDA Women's Center advocates and provides programs and services geared towards quality-assured, inclusive and gender-fair TVET.”*

## DRESSMAKING NC II



For inquiries, please call us at

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